



National Service Scheme

Ram Lal Anand College, University of Delhi



Dr. Rita Jain

Program officer

Office Bearers (2021-22)



Lokesh | III Year
President



Diksha Singh | II Year
Vice President



Ruchika | II Year
Secretary

JULY, 2021

LIST OF THE EVENTS ORGANIZED:

1. **2nd July, 2021**- Basics of Disaster Management; Webinar
2. **11th July, 2021**- World Population Day, Group presentation: Google Meet
3. **12th July 2021**- Paper Bag Day; Paper bag making
4. **15th July, 2021**- World Youth Skills Day; Open stage talent show
5. **17th July, 2021**- World Justice Day; Case studies narration: Google Meet
6. **18th July, 2021**- Nelson Mandela Day; Article writing
7. **24th July, 2021**- Azadi Ka Amrut Mahotsav; Story telling: Google Meet
8. **26th July, 2021**- Kargil Vijay Diwas, Doodling
9. **31st July-1st August, 2021**- Tarang: Monthly Intra Unit Competition

Webinar on

BASICS OF DISASTER MANAGEMENT



02nd JULY 2021

11:30 AM – 01:00 PM



Organized by: **National Institute of Disaster Management**
Ministry of Home Affairs, Govt. of India
in collaboration with
NATIONAL SERVICE SCHEME, (Ram Lal Anand College)
University Of Delhi

PATRONS



Maj Gen M K Bindal
Executive Director,
NIDM, Delhi

Dr Rakesh Kumar Gupta
Principal, Ram Lal Anand
College, University Of Delhi



SPEAKERS



Dr Sushma Guleria
Assistant Professor,
NIDM, Delhi



Sh Shekhar Chaturvedi
Assistant Professor,
NIDM, Delhi



(COORDINATOR)
Dr Rita Jain
NSS Program Officer



(MODERATOR)
Ms Aradhna Moktan
Young Professional
NIDM, Delhi

Registration: training.nidm.gov.in

BASICS OF DISASTER MANAGEMENT

2nd July, 2021

National service scheme, Ram Lal Anand college along with the National Institute of Disaster Management organized a **webinar** on the *Basics of Disaster Management*. The speakers Dr. Sushma Guleria (Assistant Professor NIDM, Delhi) and Sh. Shekhar Chaturvedi (Assistant Professor NIDM, Delhi) addressed different measures which can be taken to guarantee a facilitated response to disasters through the presentation. It was shown that many disasters can be controlled if individuals are prepared with sufficient readiness. At last, the Q/A session was conducted where they gave the answers to the questions asked by Volunteers. E-certificates by NIDM, were provided to the volunteers for attending the session. Out of 50-60 volunteers, an average, 20 female volunteers had attended the webinar.

Glimpses

Webex

Participants

Search

Panelists (4)

- NATIONAL INSTITUTE...
Host
- Prof Rakesh Gupta
- Rita Jain
- sushma guleria

Attendees (list hidden)

- Diksha Singh
Me

Chat

sushma guleria

The National Institute constituted under an Act of Parliament, the role of a premier effort in this direction National Centre of Disaster Management development under t

SHORT-BASIC CONCEPTS (Compatibility Mode) - Microsoft PowerPoint

Cyclone

- Long coastline of 7500 km
- Pre-monsoon (May-June) and post-monsoon (Sept-Oct) cyclones
- Coastal districts of Orissa, Andhra Pradesh and Gujarat most prone to cyclone
- Most casualties caused by coastal inundation due to tidal waves, storm surges and torrential rains

sushma guleria



The poster is blue with white and light green text and graphics. At the top left is the logo of the National Service Scheme (NSS) and at the top right is the logo of Ram Lal Anand College, University of Delhi. The main text reads 'WORLD POPULATION DAY' in a large, white, sans-serif font, with '11th JULY' below it. In the center is a graphic of a group of stylized human figures in shades of green and blue. Below the graphic, it says 'GROUP PRESENTATION' in large white letters. At the bottom, the names and titles of the organizers are listed: DR. RAKESH KUMAR GUPTA (PRINCIPAL), DR. RITA JAIN (PROGRAM OFFICER), and PARVEEN KUMAR (PRESIDENT).

NATIONAL SERVICE SCHEME
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI

WORLD POPULATION DAY
11th JULY

GROUP PRESENTATION

DR. RAKESH KUMAR GUPTA
PRINCIPAL

DR. RITA JAIN
PROGRAM OFFICER

PARVEEN KUMAR
PRESIDENT

WORLD POPULATION DAY

11th July, 2021

In this advanced time, Overpopulation has caused various social issues such as a rise in unemployment, high cost of living, pandemics, degradation of the environment, etc. Since it is a need of the hour that we focus on it, therefore, *NSS unit of RLAC* organized **Group Presentation** on the eve of World Population Day, celebrated every year on the 11th of July, to increase the awareness among its volunteers regarding population-related issues. It was a successful event where everyone took an interest and communicated their anxiety. The unit was pleased to see participation of 20 volunteers out of which maximum, 11 were female volunteers.

Glimpses

MUDIT ARORA is presenting

3. Care during first contact:
- taking health history.
- physical examination.
- General medical examination.
- Obstetrical examination.
- Laboratory examination

4. Immunization against Tetanus: 2doses of tetanus toxoid should be given. 1st dose at 16-20 weeks and 2nd dose at 20-24 weeks of pregnancy.

5:47 PM | zuh-vvub-sop

DIKSHA SINGH is presenting

HOW DOES IT DRASTICALLY AFFECTED THE POPULATION WORLDWIDE

- Due to covid-19 we have and still facing lots of losses. The biggest loss is human resources. After the end of the pandemic we can revive our economy, institutions can again start working but the loss of human resource can't be cover that easily.
- Health and Medical system, especially biomedical systems, have taken their maximum effort but the healthcare system itself is affected due to various conditions in nature. Thus, there are many deaths reported through the biomedical system has made an enormous effort.
- Dismantling the family relationship and intimate relationships with relatives, neighbours, various communities etc. May lead to interpersonal conflicts.

5:17 PM | zuh-vvub-sop

6:02 PM | zuh-vvub-sop

Smriti Chhabra is presenting

WORLD POPULATION DAY

5:25 PM | zuh-vvub-sop



The poster features a person in a striped shirt holding a brown paper bag in front of their face. The background is a teal wall with horizontal lines. At the top left, there are two circular logos: the Ram Lal Anand College logo and the National Service Scheme logo. The text on the poster includes the college name, the event title 'PAPER BAG DAY', a call to action 'Make your own paper bag participate in', the event name 'POSTER MAKING EVENT', and the date 'on 12TH JULY 2021'. At the bottom, the names and titles of the organizers are listed.

NATIONAL SERVICE SCHEME
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI

**PAPER BAG
DAY**

Make your own paper bag
participate in

**POSTER MAKING
EVENT**

on 12TH JULY 2021

Dr.Rakesh Kumar Gupta Dr.Rita Jain Parveen Kumar
Principal Program Officer President

PAPER BAG DAY

12th July, 2021

The unfavorable effects of plastic bags on the climate have prompted the utilization of paper bags. Hence, to spread awareness about the advantages of paper bags which contribute to an eco-friendly environment, Paper Bag Day is celebrated worldwide on July 12. At this event, *NSS unit RLAC* welcomed its volunteers to show their creativity by making their own paper bags or through **paper bag making**. The unit had received 7 entries by female volunteers and 4 entries by male volunteers.

Glimpses





NATIONAL SERVICE SCHEME
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI



celebrates

WYSD

WORLD YOUTH
SKILLS DAY



15TH JULY 2021

DR. RITA JAIN
PROGRAM OFFICER

DR. RAKESH KUMAR GUPTA
PRINCIPAL

PARVEEN KUMAR
PRESIDENT

WORLD YOUTH SKILLS DAY

15th July, 2021

The World Youth Skills Day is celebrated every year on 15 July to embark the skills for employment, decent work, and entrepreneurship. This World Youth Skills Day, *NSS unit of RLAC* led an **open stage talent show** where volunteers were approached to play out their talents be it dancing, singing, composing, stand-up parody, or anything before their cameras and send it on the authority e-mail id. Participants showed great enthusiasm contributing to the success of the event as the unit received participation by 9 female and 7 male volunteers showcasing their talents and skills.

Glimpses

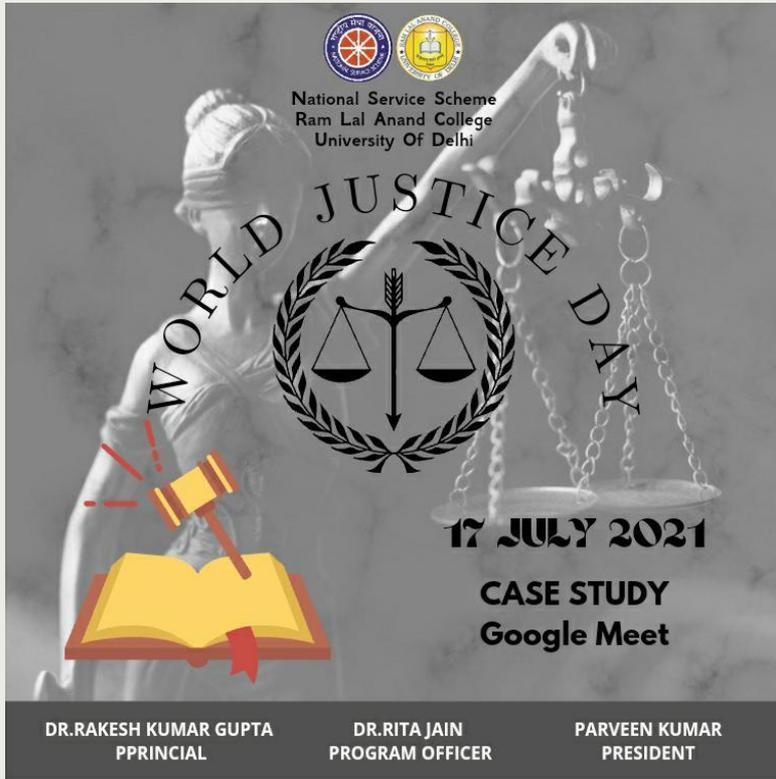


♥ KHOOSOORTI ♥

(Self written poetry by -shreshth)

Kya Hai Yeh Khoosorti.....
Sabkii NiGaahin Hai isko Dhoondtii.....
Log Dhoondte Chekron Main isko.....
Pr kaha Milti Asaani Se Yh Kisiko.....
Koi kahta Tuu Lgtii Hai Sundarr.....
Magar Yh Toh Chupii Hotii Logon Ke Dil Ke Andarr.....
Koi kahta Teri Aankhein hai Khoosurat.....
Toh koi bolta Terii Baatein Hai Khoosurat.....
Khoosorti ki koi limit nahi.....
Nahi Hota Hai iska Differentiaton.....
Agar kerde tareef kisi ki Toh usko Lga appreciation.....
Aur mill jaati usko ek attention.....
Khoosorti kisi ek ke andar kahan.....
Yh toh null jati randomly yahaan wahaaan.....
Khoosorti maa ki Daant main hai.....
Khoosorti pitaji ke Pyaar Dulaar main Hai.....
Yh toh har ek tyohaar main hai.....
Yh Teachers ke lectures ke Atyachaar Main hai.....
Khoosorat Toh woh bohpana hote the.....
Jab log ek dusre ke saath mastii na jodon main rotte the.....
Aksar log Rang Ko dekhke boldete badsurat.....

Pr kabhi inse baat kerro toh eksaas hoga ki koi nhi enu jaisa
khoosorat.....
Khoosorti ki khasiyat hai ki Yh khareedi nhi ja saktii.....
Yh toh ek emotion hai like logon ki Bhaktii.....
Baaton se pta chlaa hoga ki kisme hote iske roop.....
Yh jisko mill jaye uske leyte hoti like thand main subah ki pehlii
dhoop.....
Khoosorti ki Nahi Hota Koi Beema.....
Aur Naahi Hoti iski Koi Seema.....
Khoosorti ka kabhi kerro toh zraa eksaas.....
Sach Maano sab kuch apne aap Lgega khaas.....
Kabhi fursat mille khud se toh Sochna isko aur ispe zarrur.....
Aur jawaab sach Maano ek baar socha toh vichaar kerne pr Yh
amko kerr deali maiboor.....



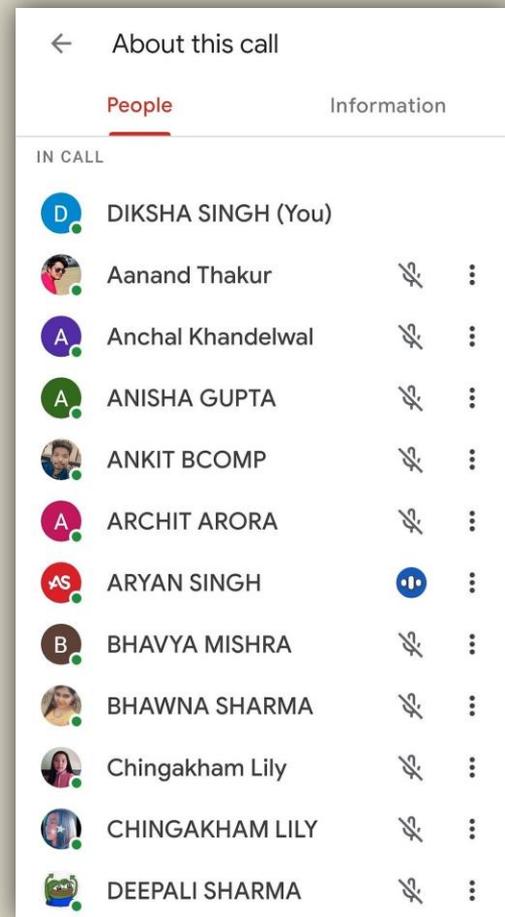
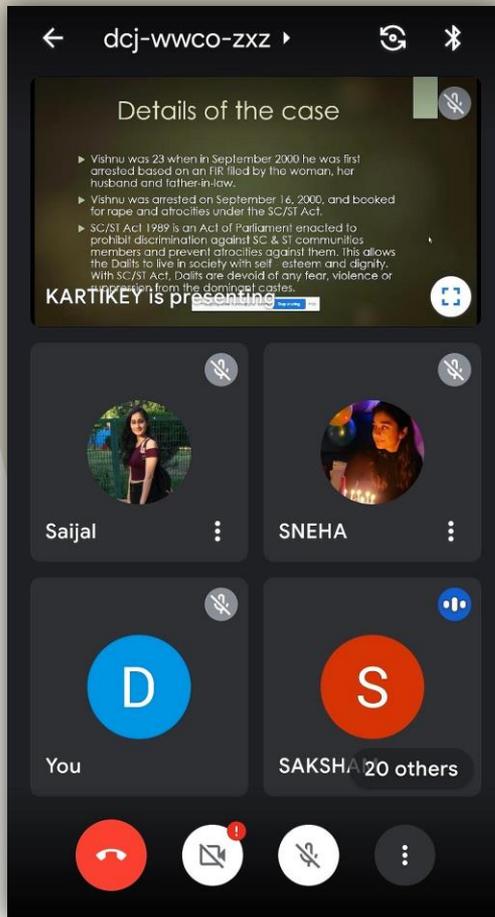
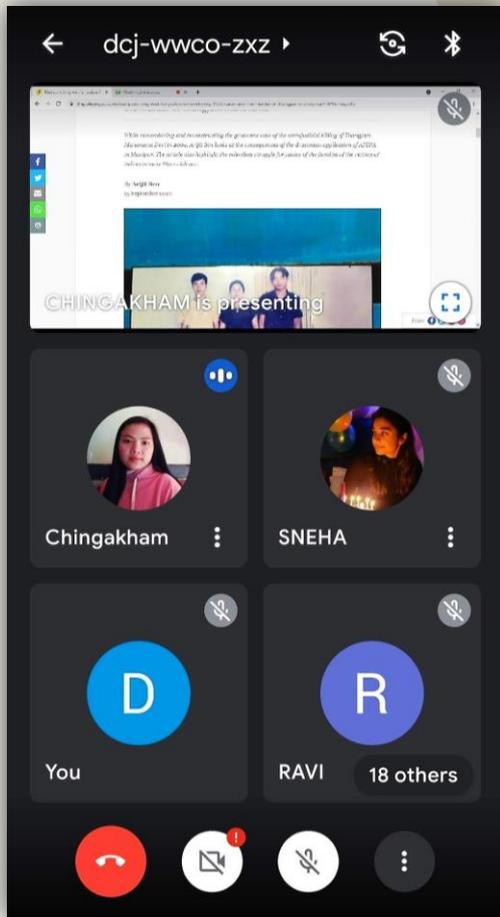
WORLD JUSTICE DAY

17th July, 2021

“Justice consists of doing no one injury, decency in giving no one offense.” —Marcus Tullius Cicero

On the occasion of World Day of International Justice on 17 July 2021, the *NSS unit of RLAC* conducted an event for the **narration of case studies**. Narrations included authentic facts and figures about the cases. Justice delayed or given was plot for the narration. The event was held on Google meet and volunteers actively participated in the event, to make it a success. 5 female volunteers and equally, 5 male volunteers took the stage to narrate their case studies in an innovative way through the PowerPoint slides.

Glimpses



 **NATIONAL SERVICE SCHEME**
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI 

18, JULY 2021!



MANDELA'S LIFE AND LEGACY
ARTICLE WRITING

DR. RAKESH KUMAR
PRINCIPAL

DR. RITA JAIN
PROGRAM OFFICER

PARVEEN KUMAR
PRESIDENT

NELSON MANDELA DAY

18th July, 2021

Apartheid was the most inhumane act in South Africa, **Nelson Mandela** fought for equality to ward off this curse. Mandela Day is celebrated on the birthday of such an inspirational legend who made the world a better place. On this occasion, the NSS unit of RLAC on 18th July, gave the opportunity to the volunteers to know more about the life of Mandela and frame it in the form of an **article**. It was a pleasure to read the inspirational articles written by 15 volunteers, out of which 9 were female volunteers.

Diksha Singh | 1st year |
Political science department
18th July, 2021

Nelson Mandela: *The Power of Optimism Over Despair*

*"Let Freedom Ring
Wherever the People's
Rights Are Trampled
Upon"*

-Nelson Mandela



Mandela was raised in a traditional village of earthen huts in the Eastern Cape of South Africa. He described the singular joys of his wide-open childhood in his autobiography **"Long Walk to Freedom"**. Mandela pursued his own learning actively, curiously and indefatigably in many different settings. As a young lawyer, he helped launch the **African National Congress Youth League** and led the group's **civil-disobedience** efforts against restrictive apartheid laws. The South African government banned him from traveling outside of **Johannesburg** in 1952. Already imprisoned in 1962 for leaving the country without a permit, Mandela and several Spear of the Nation conspirators were tried for treason and sabotage at the **South African Supreme Court in 1963**. At the outset of the trial, Mandela delivered a **176-minute speech**, known as the **"Statement from the Dock"** or **"I Am Prepared to Die"**. Mandela and his ANC conspirators were sentenced to life in prison. He would serve 27 torturous years, mostly within the walls of the notorious **Robben Island prison**. Nelson Mandela devoted his life—including 27 years in prison— **From humble beginnings in a small Eastern Cape village, he became the father of the rainbow nation of post-apartheid South Africa**. He described the inedible food, inhumane living conditions and debasing mistreatment in Long Walk to Freedom. He is also widely referred to as **"Madiba"**, which is his clan name, and refers to his ancestral descent.

Painfully **separated** from his wife and children, Mandela wrote them letters, trying to keep his family relationships from dimming. Mandela was unable to raise his children, but he tried to weigh in on their lives with guidance from his prison cell. In a letter dated **November 26, 1978**, Mandela advised his daughter **Makaziwe** on her personal life and professional ambitions.

When the ANC was finally unbanned in 1990, Mandela was released from prison and immediately entered talks to end apartheid and minority-white rule in South Africa. He was awarded the **Nobel Peace Prize in 1993** alongside **South African President F.W. de Klerk**. Then in the year 1994, Mandela was elected **president of South Africa** in the first elections open to black African voters.

At the time of his death, South Africa went into mourning for the elder statesman. We were privileged to have the benefit of his wisdom for so long. No one can deny that, in our hour of deepest need, the saying "cometh the hour cometh the man" resonated with truth.

रवींद्रनाथ टैगोर

रवींद्रनाथ टैगोर एक महान भारतीय कवि थे। इसके अलावा, वह एक महान दार्शनिक, देशभक्त, चित्रकार और मानवतावादी भी थे। उनके संबंध में लोग अक्सर गुरुदेव शब्द का प्रयोग करते थे। इस असाधारण व्यक्तित्व का जन्म 7 मई 1861 को कलकत्ता में हुआ था। उनकी प्रारंभिक शिक्षा विभिन्न शिक्षकों द्वारा घर पर ही हुई। साथ ही इस शिक्षा के माध्यम से उन्हें कई विषयों का ज्ञान भी प्राप्त हुआ। उनकी उच्च शिक्षा इंग्लैंड में हुई। सबसे बढ़कर, रवींद्रनाथ टैगोर ने बहुत कम उम्र से ही कविताएँ लिखना शुरू कर दिया था।

रवींद्रनाथ टैगोर की कृतियाँ

रवींद्रनाथ टैगोर ने सोलह साल की उम्र से नाटक लिखना शुरू कर दिया था। बीस साल की उम्र में, रवींद्रनाथ टैगोर ने मूल नाटकीय कृति वाल्मीकि प्रतिभा लिखी। सबसे उल्लेखनीय, रवींद्रनाथ टैगोर भावनाओं पर केंद्रित हैं न कि करवाई पर। 1890 में उन्होंने एक और नाटक कृति विसर्जन लिखा। विसर्जन शायद रवींद्रनाथ टैगोर की सर्वश्रेष्ठ नाटक कृति है।

इसी तरह, सोलह वर्ष की आयु से रवींद्रनाथ टैगोर ने लघु कथाएँ लिखना शुरू कर दिया था। उनकी पहली लघु कहानी भिकारिणी थी। सबसे उल्लेखनीय, वह बंगाली भाषा की लघु कहानी शैली के संस्थापक हैं। टैगोर ने निश्चित रूप से 1891 से 1895 तक कई कहानियाँ लिखीं। साथ ही, इस अवधि की कहानियाँ गल्पगुच्छ का संग्रह बनाती हैं। यह 84 कहानियों का एक बड़ा संग्रह है।

रवींद्रनाथ टैगोर निश्चित रूप से उपन्यासों के संपर्क में भी थे। उन्होंने आठ उल्लेखनीय उपन्यास लिखे। इसके अलावा, उन्होंने चार उपन्यास लिखे।

रवींद्रनाथ टैगोर की कविता का सबसे अच्छा संग्रह गीतांजलि है। सबसे उल्लेखनीय, रवींद्रनाथ टैगोर को 1913 में गीतांजलि के लिए नोबेल पुरस्कार मिला। इसके अलावा, उनकी अन्य महत्वपूर्ण कविताएँ मानसी, शोमार तारी और बालका हैं।

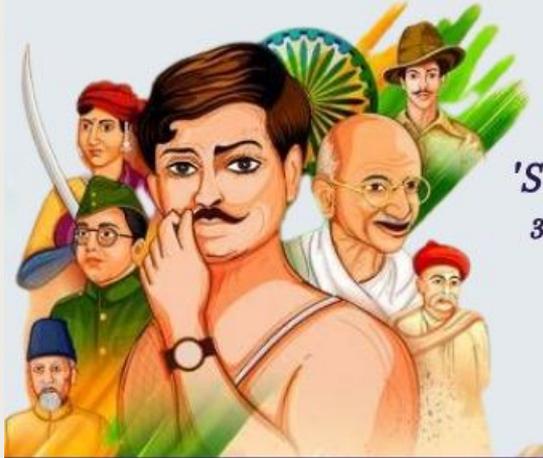
रवींद्रनाथ टैगोर निश्चित रूप से गीतों में कम नहीं थे। आदमी को एक शक्तिशाली 2230 गीत लिखने की प्रतिष्ठा प्राप्त है। उपयोग में लोकप्रिय नाम रवींद्रसंगीत है, जो टैगोर के गीतों को संदर्भित करता है। उनके गीत निश्चित रूप से भारतीय संस्कृति को दर्शाते हैं। उनका प्रसिद्ध गीत अमर शोमार बांग्लादेश का राष्ट्रगान है। इन सबसे ऊपर, उन्होंने भारत जन गण मन का राष्ट्रगान लिखा।



NATIONAL SERVICE SCHEME
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI

Let's relive the lives of our
FREEDOM FIGHTERS

आजादी
का
अमृत महोत्सव



via
'Storytelling'
3 PM | 24 July 2021

DR. RAKESH KUMAR GUPTA
PRINCIPAL

DR. RITA JAIN
PROGRAM OFFICER

PARVEEN KUMAR
PRESIDENT

STORY TELLING EVENT

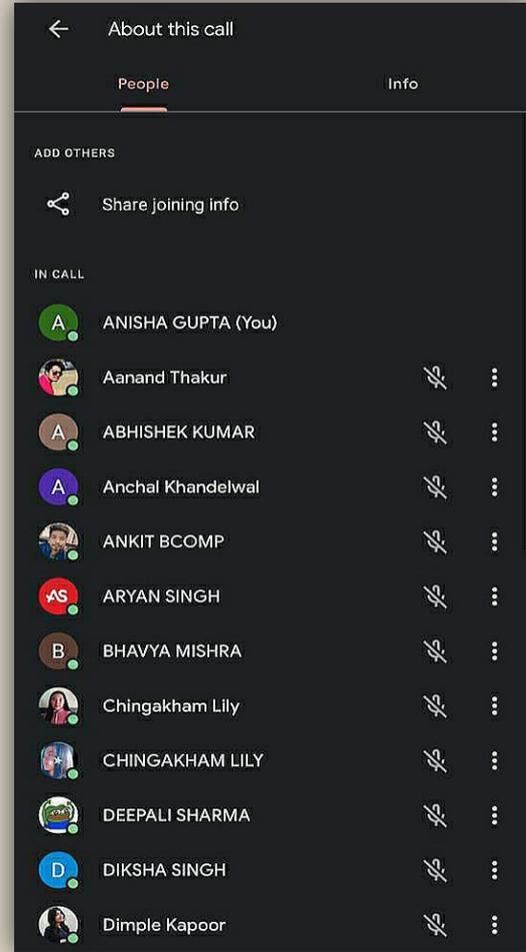
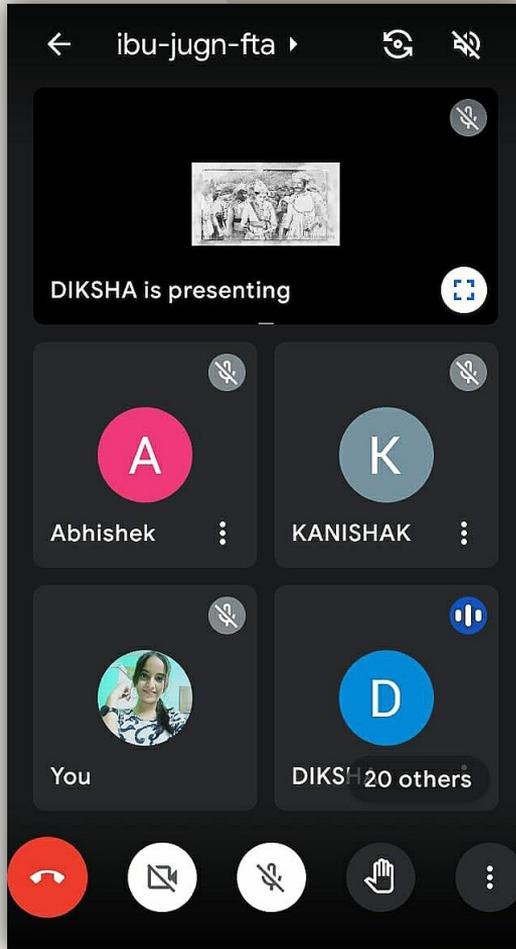
(Azadi Ka Amrut Mahotsav)

24th July, 2021

“If yet your blood does not rage, then it is water that flows in your veins. For what is the flush of youth, if it is not of service to the motherland.” – Chandra Shekhar Azad.

To make youth aware of the great sacrifices of our freedom fighters the *NSS unit of RLAC* organized a **storytelling event** under '**Azadi ka Amrit Mahotsav**' on 24th July, where many volunteers participated out of which, 3 female volunteers and 4 male volunteers recited different patriotic and inspirational stories of great sacrifices.

Glimpses





NATIONAL SERVICE SCHEME
RAM LAL ANAND COLLEGE
UNIVERSITY OF DELHI



celebrates

KARGIL VIJAY
DIWAS

26th July 2021



Saluting the brave hearts of Kargil War Heroes

DR. RAKESH KUMAR GUPTA
PRINCIPAL

DR. RITA JAIN
PROGRAM OFFICER

LOKESH
PRESIDENT

KARGIL VIJAY DIWAS

26th July, 2021

It is said that superheroes are a myth but the martyrs of the Kargil War were no less than superheroes.

Therefore, to pay homage to those valorous spirits, the *NSS unit of RLAC* organized a **Doodle Making Event** with the theme 'Armed Forces' on the occasion of 'Kargil Vijay Diwas' to commemorate those who *sacrificed their lives for the country*. The unit received many creative entries by 15 NSS volunteers out of which 9 were female volunteers only.

TARANG: India At Olympics

MONTHLY INTRA UNIT COMPETITION

31st July-1st August, 2021

Olympics, an ancient Panhellenic festival held every fourth year and made up of contests of sports, music, and Literature with the victor's prize a crown of wild olive. Hence it's a glorious and overwhelming festival for those aiming high to soar to new heights and bring pride to their countries.

NSS unit of RLAC on 31st of July launched Tarang an intra unit competition, with the theme of '**India At Olympics**'.

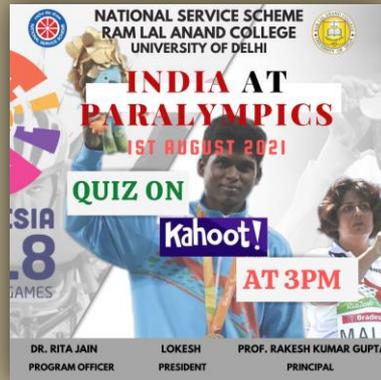
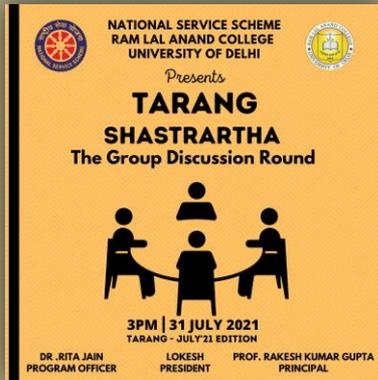
There were three rounds in this competition,

Round 1 (Premils): A quiz based on Olympics was held through Google Form. Selected Candidates from this round would move to the next round. In this round, the unit received 16 imaginative entries, out of which 9 were of female volunteers and 7 were of male volunteers.

Round 2: A Group Discussion (**Shastrartha**) was held.

Round 3: A Quiz is held among the selected candidates from round 2 on the topic "**Paraolympics: Spirit In Motion**" on the Kahoot platform.

It was a successful event, all the participants were full of energy and hence the main motive was to encourage all for sports.



I.



ROUND 1
The Prelims



II.



शास्त्रार्थ

The Group Discussion Round

III.



PARALYMPICS:
SPIRIT IN MOTION

O
V
E
R
V
I
E
W

Results!

TARANG
JULY '21

CHAMPION
DIMPLE MALIK

B.A.(H) ENGLISH | II Year



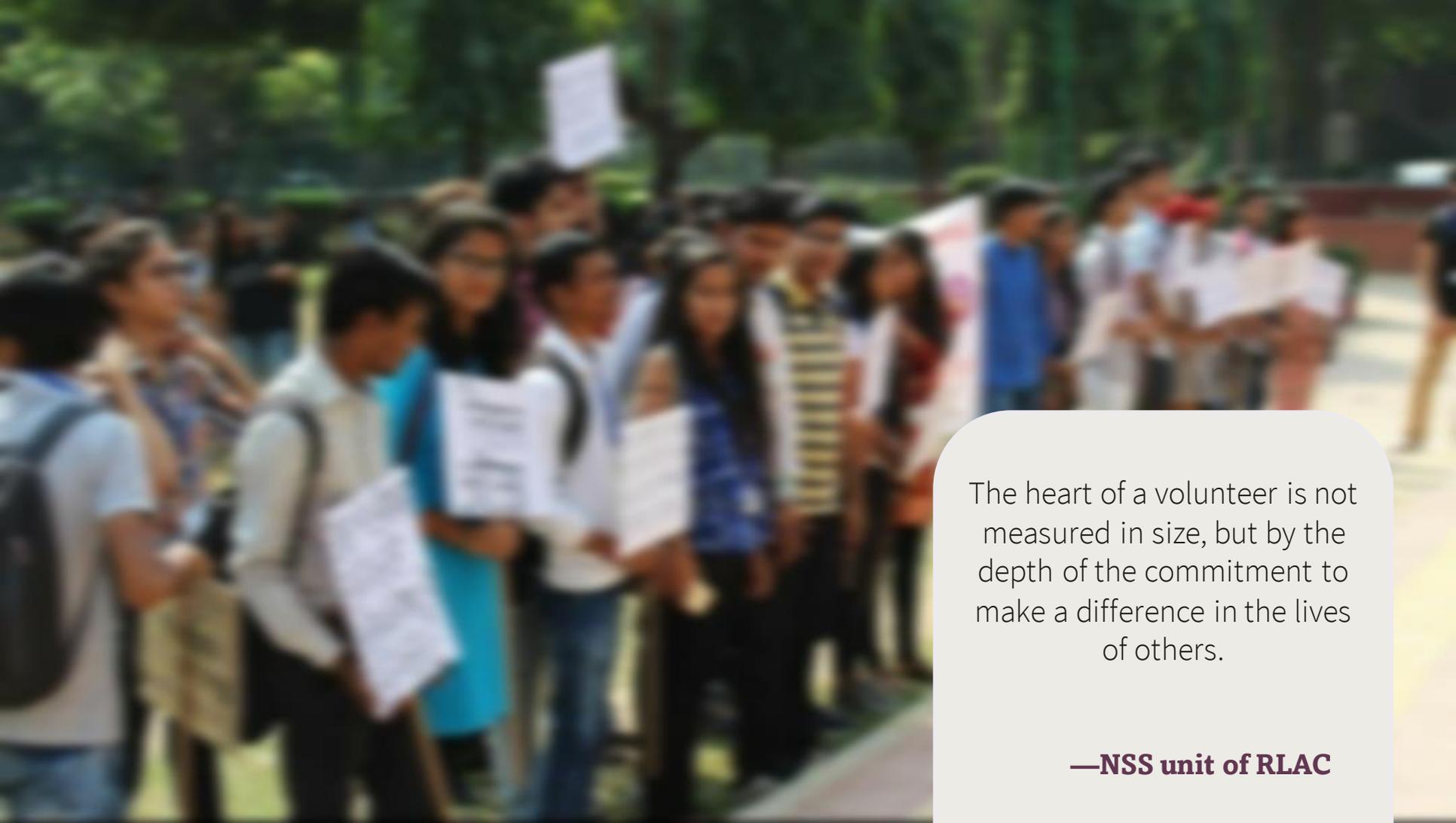
TARANG
JULY '21

SAIJAL BAJAJ
BSc.(H) Statistics
III Year

SAKSHITA CHAUDHARY
BSc.(H) Statistics
II Year

★ ★ ★





The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

—**NSS unit of RLAC**